Here is a list of basic colours to start with.

White

Yellow Ocher

Burnt Umber

Burnt Sienna

Cadmium Red Light

Ultramarine Blue

Viridian

Alizarin Crimson / Gamblin makes a Alizarin Permanent that is good) Ivory Black (a good mixing black does not over power the mix, but don't use it strait from the tube for under-painting as it's very rich in oil)

Please make sure you have all the colours above.

Of course you are welcome to bring other colours you like to work with.

Other good colours: I may use some of these colour as well as the first list.

Cadmium Yellow light

Cobalt Blue

Cerulean Blue

Naples Yellow French Holbein

Sap Green

Permanent Green

Rose Violet Holbein

Raw Sienna

Cadmium Orange

Some info on whites.

Flake White

Made with lead, lead makes a strong paint film and is a good mixing white. I only occasionally use lead white, too scary:)

Titanium White

A very bright opaque white.

Zinc White

A more transparent white than Titanium so good for mixing but does not make as strong a paint film as Titanium. Paint makers mix them together making a good mixing white that is strong and bright. The more research I read about zine white the more I try to stay away from it.

I recommend either or both of Gamblin's **Flake White replacement** (no lead) or **Titanium White**. The flake white replacement is a bit thicker and heavier and the Titanium White is smoother.

I recommend these paint brands. Old Holland Gamblin Rembrandt Grumbacher Williamsburg

M Graham (Good paints, they use walnut oil instead of linseed. Walnut oil has a bit thicker and smoother feel as well as drying a bit slower than linseed. Walnut also makes a strong paint film) M Graham is a good paint but they are a little more runny than other brands so I wouldn't recommend getting only M Graham paints. They are a good price for some of the more expensive colours.

Below are some other good names, but they use safflower or poppy seed oil in their whites and lighter colors because they are lighter oils than linseed. They claim that safflower or poppy oil makes a brighter paint. The only problem is that they also make a weaker paint film when dry, so I try to stay away from these paints.

Utrecht Winsor & Newton Holbein

Another thing to know is "hues" and what they are e.g. cadmium yellow hue. These are cheaper paints that look the same as a genuine cadmium but are a mix of cheaper pigments mixed to look like, for example, cad. yellow. When a hue is mixed with other colours it does not make as clean a colour as the hue is already a mix of colours. The more colours that are mixed together the duller the colour.

Palette

Any type will work.

I like to work on a glass palette in my studio. The glass is easy to clean with a knife. I also put a piece of gray paper under my glass palette so when I mix colours I'm mixing them on a middle value. This can make it easier to match colours when you are mixing them. See here for photo.

http://1.bp.blogspot.com/_rHlpWFdS6aI/TVIcMFaZP7I/AAAAAAAAAHI/fM9WZvBRQcw/s1600/IMG_1165.jpg

I also use a wood palette.

Brushes

Some good midsize brushed either Brights, Flat or Filberts and some good small round brushes.

From my point of view, you can never have too many brushes. So I encourage you to bring as many brushes as you like. But please make sure you have some good middle range size brushes as well as some good small ones. I use Brights, Flat, Round and Filberts brushes for the majority of my work. I collect my brushes both from local art stores as well as when I travel. I always visit art stores and get a brush or two. :)

Finding good brushes can be hard. I like a number of Robert Simmons brushes that are soft, Mongoose hair brushes are wonderful, the synthetic mongoose ones are nice as well.

f you are starting out these brushes would be a good starting point.

Brush list to start with at Island Blue art store.

H.J series 6400 2 brushes, size 6 filbert

1 brush, size 6 bright

1 Brush size 2 flat

1 Brush size 2 filbert

H.J. gold sable 620

2 brushes size 2 cats tongue

1 brushes size 0 cats tongue

Canvas

One 12x12 or 16x16 if you can't find this size any size with this square proportion will work but the larger the canvas the larger your painting will be.

I'm going to be working on a 10 oz canvas from ArtWorld that I will prime with acrylic gesso.

Commercial acrylic canvas tends to be very absorbent so if you have any acrylic gesso, add a couple of coats of gesso to make the canvas not so absorbent. I use cheap foam brushes to gesso my canvas and panels. Sand with a fine (320) grit sandpaper between coats. No worries if you don't do this.

Linseed oil and a palette cup to hold it. One with a lid is nice.

Paper towels

Odorless mineral spirits and something to put it in. **Only odourless mineral spirits**. No turpentine, thanks.

For the first day we will be drawing with paint working out the proportions and composition.

Island Blue should give you a small discount as a student if you ask them.

Academy Class Guidelines

To create a calm, focused learning environment:

Please be quiet: Drawing and painting in a classical style takes a lot of focus and stillness. To help us all focus better please be quiet while you work. Think of the class environment like a library or a yoga class, speak softly and be aware of not disturbing your neighbours. Please don't talking to your neighbours during the working part of the class. Break time is a great time to socialize, to get to know your fellow students and to share the work you are doing.

While the teacher is demoing please don't draw along, taking notes is great but drawing distracts other students and makes it hard for the teacher to focus.

Please try to come to class on time. If you come in late please be quiet. If you need to leave a class early, please do so quietly and be aware of others around you.

All cell phones must be turned on silent. If you are expecting a call and need to take it put your phone somewhere so you can see it and then answer your call outside.

No photos of the models are allowed.

Don't offer advice or help to other students unless they ask for your feedback.

Please be respectful of others' airspace and refrain from wearing strong perfumes etc. these can be overpowering for those with sensitivities.